



Springtime greetings to all. We're wondering if any of you would like to commit to participating in a short retreat, on the weekend of 8, 9, and 10 April, commemorating Buddha's Birthday. We'd start Friday evening, and end around noon on Sunday the 11th. As many of you will know, it requires a certain amount of available energy to bring such an event to pass, so we're asking in advance for folks who definitely would be there if such a retreat were to happen. There would be periods of sitting and walking, as usual, plus four semi-formal meals in the dining room. We might also end with a potluck, but that, too, depends on the degree of participation.

If you think you would be able to participate, please let us know as soon as you can by replying to this email, sending us a separate email at hszc108@yahoo.com, or leaving us a phone message at (415) 863-2507.

As will all our other public events, everyone is welcome.